CURRICULUM VITAE
FEDERICA TOPPINO

- **EDUCATION**

13/07/2011 High School Leaving Qualification in Classical Studies
Liceo Valsalice, Turin, Italy
Grade: 100/100

22/10/2018   Master Degree
Medicine and Surgery Faculty, Università degli Studi di Torino, Italy
Grade: 110/110 cum laude, publication recommended, honorable mention
Title of Master Degree Thesis: "Experimental exploration with EEG of the empathetic process between patients with Anorexia Nervosa and their mothers"

20/02/2019   State Exam for Professional Qualification (Medical License)
Medicine and Surgery Faculty, Università degli Studi di Torino, Italy

14/11/2023 Specialization in Psychiatry
Department of Neuroscience "Rita Levi Montalcini", Università degli Studi di Torino, Italy
Grade: 70/70 cum laude, honorable mention
Title of Specialization Thesis: "Relationship between psvchopathology and peripersonal space modulation in patients with Anorexia Nervosa and healthy controls"

- **OTHER TRAINING**

From 12 to 16/04/2021 and from 03 to 07/05/2021
Courses dedicated to Regression Models and Survival Analysis
Statistics for Data Analysis by SPS S.r.l., Italy

14/04/2023 and 15/04/2023
Residential Course in Phenomenological Psychopathology "Arnaldo Ballerini", 22nd edition
Italian Society for Phenomenological Psychopathology, Italy

08/06/2023, 09/06/2023 and 10/07/2023 (online course)
02/10/2023 and 03/10/2023 (residential course)
Multidisciplinary Project in Neuroscience 2023, 3rd edition
CNS Academy, Italy

Attendance to congresses and meetings:
- 14/06/2022   "Complex diagnoses for complex patients: psychopathological *continuum* from abnormal reactions to mood disorders and psychosis", SIPPIEVA Congress, Turin, Italy;

- 27/10/2022 and 28/10/2022 "Innovative models and compared perspectives for research, psychopathology, and treatment of eating disorders", SIPA 5th National Congress, Sorrento, Italy;
- From 22 to 24/02/2023 "Intersubjectivity, prevention, personalization", SOPSI 27th National Congress, Rome, Italy;
- From 25/10/2023 to 28/10/2023 "Treatments in Psychiatry", SIPB 13th Congress, Naples, Italy;
- 17/11/2023 "Violent behavior, dialogue between healthcare and institutions", SIPPIEVA Educational Day, Turin, Italy

● **CURRENT POSITION**

02/11/2023 – current position
PhD Student in Neuroscience (course length: 3 years)
Department of Neuroscience "Rita Levi Montalcini", Università degli Studi di Torino, Italy

● **PARTICIPATION TO RESEARCH GROUPS**

04/11/2019 – current position
Collaborator in SCDU CER DCA Research Group
Department of Neuroscience "Rita Levi Montalcini", Università degli Studi di Torino, Italy

● **PUBLICATION LIST**

Toppino, F., Longo, P., Martini, M., Abbate-Daga, G., & Marzola, E. (2022). Body Mass Index Specifiers in Anorexia Nervosa: Anything below the "Extreme"? *Journal of Clinical Medicine*, *11*(3). https://doi.org/10.3390/jcm11030542

Longo, P., Toppino, F., Martini, M., Panero, M., De Bacco, C., Marzola, E., & Abbate-Daga, G. (2022). Diagnostic Concordance between Research and Clinical-Based Assessments of Psychiatric Comorbidity in Anorexia Nervosa. *Journal of Clinical Medicine*, *11*(24). https://doi.org/10.3390/jcm11247419

Marzola, E., Martini, M., Longo, P., Toppino, F., Bevione, F., Delsedime, N., Abbate-Daga, G., & Preti, A. (2022). Psychometric properties of the Italian body shape questionnaire: an investigation of its reliability, factorial, concurrent, and criterion validity. *Eating and Weight Disorders*, *27*(8), 3637–3648. https://doi.org/10.1007/s40519-022-01503-6

Martini, M., Longo, P., Tamarin, T., Toppino, F., Brustolin, A., Abbate-Daga, G., & Panero, M. (2023). Exploring Caloric Restriction in Inpatients with Eating Disorders: Cross-Sectional and Longitudinal Associations with Body Dissatisfaction, Body Avoidance, Clinical Factors, and Psychopathology. *Nutrients*, *15*(15), 3409. https://doi.org/10.3390/nu15153409

Sciarrillo, A., Bevione, F., Lepora, M., Toppino, F., Lacidogna, M. C., Delsedime, N., Panero, M., Martini, M., Abbate Daga, G., & Preti, A. (2023). The Nepean Belief Scale (NBS) as a tool to investigate the intensity

of beliefs in anorexia nervosa: psychometric properties of the Italian version. *Eating and weight disorders : EWD*, *28*(1), 92. https://doi.org/10.1007/s40519-023-01620-w

- **PRESENTATION OF PAPERS, POSTER, GIVEN SPEECHES AT CONFERENCES AND SEMINARS**

28/10/2022 Poster presentation, "Diagnostic concordance between researchers and clinical-based psychiatrists in the assessment of psychiatric comorbidity in Anorexia Nervosa", Innovative Models and Compared Perspectives for Research, Psychopathology and Treatment of Eating Disorders, SIPA 5th National Congress, Italy

- **LANGUAGE SKILLS**

Native speaker: Italian

Other language: English, level of competence very good/B2, Cambridge First Certificate: grade A