

CURRICULUM VITAE

PERSONAL INFORMATION

Francesco Cuniberti

Date of birth: 21/05/1987 Age: 36

Place of birth: Turin (Italy)

Nationality/citizenship: Italian

E-mail: francesco.cuniberti@gmail.com – francesco.cuniberti@unito.it

EDUCATION

20/03/2014 – “Degree in Medicine and Surgery”

Università degli Studi di Torino, Italy

Grade: 110/110 and honors

Title of Master Degree Thesis: “*Obsessive-Compulsive Disorder, neurotrophic factors and response to SSRIs*”

01/12/2019 - “Specialization in Psychiatry”

Dipartimento di Neuroscienze “Rita Levi di Montalcini”, Università degli Studi di Torino, Italy

Grade: 70/70 and honors

Title of Master Degree Thesis: “*Resistant Unipolar Depression (TRD): clinical features and novel therapeutic prospects. Experimental study of 250 inpatients in a psychiatric unit*””

2021 - Continuing education programs (First Level Master)

Title: “Biostatistica per la ricerca clinica e la pubblicazione scientifica” (Biostatistics for Clinical Research and Scientific Reporting)

Dipartimento di Scienze Cardio-Toraco-Vascolari e Sanità Pubblica – Unità di Biostatistica, Epidemiologia e Sanità Pubblica, Università di Padova, Italy

Grade: Ottimo

2022 - Continuing education programs (First Level Master)

Title: “Etica Medica Deontologia Politica Ed Economia Sanitaria” (Ethics, Deontology, Health Policy, and Health Economics)

Dipartimento di Scienze Economico-Sociali e Matematico-Statistiche – Ordine dei Medici Chirurghi e Odontoiatri di Torino – Consortium for Research and continuing Education Economics (Coripe)

2022 - Continuing education programs (First Level Master)

Title: “Psicopatologia e Psichiatria Perinatale” (Perinatal Psychopathology and Psychiatry)”

The International Marcé Society for Perinatal Mental Health – Italian section

CURRENT POSITION

PhD Student in Neuroscience (First Year) – 38th cycle - Department of Neuroscience 'Rita Levi Montalcini'"

PREVIOUS RESEARCH AND PROFESSIONAL POSITION(S) / PARTICIPATION TO RESEARCH GROUPS / FELLOWSHIP(S)

From June 2022 to October 2023

Dirigente Medico (Clinical Psychiatrist) - Azienda Sanitaria Torino 3 – SPDC Pinerolo - Contratto COVID-19 (end 31/5/2022) – Dirigente Medico from June 2022

From January 2020 to May 2022

Assistant Research in Neurosciences (Prof.ssa Daniela Caldirola – Prof. Giampaolo Perna) (*libero professionista*)
Department of Clinical Neurosciences - San Benedetto Menni Hospital - Sisters Hospitaliers Albese con Cassano, Como – Italy

From January 2020 to May 2022

Assistant Research - Mental Health team (Prof. Giampaolo Perna) (*libero professinista*)
Department of Biomedical Sciences - Humanitas University
Pieve Emanuele, Milano – Italy

2021

Guest Editor Special Issue “*Personalized Medicine in Psychiatry in the Covid-19 era: fighting the pandemic impact on mental health*”
Edited by Giampaolo Perna, Francesco Cuniberti and Charles Nemeroff
Journal of Personalized Medicine in Psychiatry – Elsevier

2020/2021 and 2021/2022

Adjunct Professor in “Clinical Psychology” for the "Mental Health" Course
Degree in Medicine and Surgery in English - (1 CFU)

CV CUNIBERTI FRANCESCO

Humanitas University
Pieve Emanuele, Milano – Italy

2020 and 2021

Consultation-liaison psychiatrist
IRCCS Humanitas Research Hospital
Rozzano, Milano – Italy

2020 and 2021

Consultation-liaison psychiatrist
Humanitas SanPio X
Milano – Ital

2020 and 2021

Clinical Psychiatrist - Personalized Medicine Centre for Anxiety and Panic Disorders
Humanitas SanPio X
Milano – Italy

AWARDS AND PRIZES

1. 2018 - Winner of the prize Poster Award at the 22nd “*Annual Conference of the Italian Society of Psychopathology*” (SOPSI) – Rome Italy
Title: “Disturbo Bipolare e tipo di ciclo maniaco-depressivo: studio clinico sperimentale su 806 pazienti”
- Authors: Cuniberti F., Teobaldi E., Albert U., Maina G.

PUBLICATION LIST (only 2 can be uploaded)

1. Caldirola, D.; Cuniberti, F.; Daccò, S.; Grassi, M.; Torti, T.; Perna, G. Predicting New-Onset Psychiatric Disorders Throughout the COVID-19 Pandemic: A Machine Learning Approach. *J. Neuropsychiatry Clin. Neurosci.* **2022**, doi:10.1176/appi.neuropsych.21060148.
2. Barone, Y.; Cuniberti, F.; Perna, G. Anxiety Disorders. *Key Top. Perinat. Ment. Heal.* **2022**, 53–77, doi:10.1007/978-3-030-91832-3_4.
3. Caldirola, D.; Daccò, S.; Cuniberti, F.; Grassi, M.; Alciati, A.; Torti, T.; Perna, G. First-Onset Major Depression during the COVID-19 Pandemic: A Predictive Machine Learning Model. *J. Affect. Disord.* **2022**, *310*, 75–86, doi:10.1016/j.jad.2022.04.145.
4. Caldirola, D.; Daccò, S.; Cuniberti, F.; Grassi, M.; Lorusso, S.; Diaferia, G.; Perna, G. Elevated C-Reactive Protein Levels across Diagnoses: The First Comparison among Inpatients with Major

- Depressive Disorder, Bipolar Disorder, or Obsessive–Compulsive Disorder. *J. Psychosom. Res.* **2021**, *150*, 110604, doi:10.1016/j.jpsychores.2021.110604.
5. Caldirola, D.; Alciati, A.; Cuniberti, F.; Perna, G. Experimental Drugs for Panic Disorder: An Updated Systematic Review. *J. Exp. Pharmacol.* **2021**, *Volume 13*, 441–459, doi:10.2147/JEP.S261403.
 6. Perna, G.; Cuniberti, F.; Nemeroff, C.B. Special Issue Editorial: Personalized Medicine in Psychiatry in the COVID-19 Era: Fighting the Impact of the Pandemic on Mental Health. *Pers. Med. Psychiatry* **2021**, 27–28, 100077, doi:10.1016/j.pmip.2021.100077.
 7. Caldirola, D.; Cuniberti, F.; Daccò, S.; Defillo, A.; Lorusso, S.; Perna, G. New Onset of Mental Disorders, Lifestyle Changes, and Quality of Relationships during COVID-19 in Italian Population. *Eur. Psychiatry* **2021**, *64*, S98–S98, doi:10.1192/j.eurpsy.2021.286.
 8. Perna, G.; Daccò, S.; Alciati, A.; Cuniberti, F.; De Berardis, D.; Caldirola, D. Childhood Maltreatment History for Guiding Personalized Antidepressant Choice in Major Depressive Disorder: Preliminary Results from a Systematic Review. *Prog. Neuro-Psychopharmacology Biol. Psychiatry* **2021**, *107*, 110208, doi:10.1016/j.pnpbp.2020.110208.
 9. Caldirola, D.; Daccò, S.; Cuniberti, F.; Diaferia, G.; Cavedini, P.; Grassi, M.; Perna, G. C-Reactive Protein in a Naturalistic Sample of Inpatients with Major Depressive Disorder, Bipolar Disorder and Obsessive-Compulsive Disorder. *Eur. Psychiatry* **2021**, *64*, S761–S761, doi:10.1192/j.eurpsy.2021.2019.
 10. Caldirola, D.; Daccò, S.; Cuniberti, F.; Perna, G. Expert Opinion in Panic Disorder: The Impact of COVID-19-Related Fears, Protective Devices, and Lockdown on Panic and Agoraphobia. *Pers. Med. Psychiatry* **2021**, 27–28, 100080, doi:10.1016/j.pmip.2021.100080.
 11. Perna, G.; Cuniberti, F.; Daccò, S.; Grassi, M.; Caldirola, D. “Precision” or “Personalized” Psychiatry: Different Terms - Same Content? *Fortschr. Neurol. Psychiatr.* **2020**, doi:10.1055/a-1211-2722.
 12. Perna, G.; Cuniberti, F.; Daccò, S.; Nobile, M.; Caldirola, D. Impact of Respiratory Protective Devices on Respiration: Implications for Panic Vulnerability during the COVID-19 Pandemic. *J. Affect. Disord.* **2020**, *277*, 772–778, doi:10.1016/j.jad.2020.09.015.
 13. Cuniberti, F.; Maina, G. *Psichiatria, Medicina e Società Moderna*. In *La psichiatria sociale in Italia: evidenze ed esperienze*; Pacini, Ed.; 2020 ISBN 978-88-3379-173-9.
 14. Di Salvo, G.; Cuniberti, F.; Bianco, M.; Ramello, D.; Maina, G.; Rosso, G. Features and Pharmacotherapy of Treatment-Resistant Depression: An Observational Study on Hospitalized Patients. *J. Psychopathol.* **2020**, doi:10.36148/2284-0249-396.
 15. Driessen, E.; Dekker, J.J.M.; Peen, J.; Van, H.L.; Maina, G.; Rosso, G.; Rigardetto, S.; Cuniberti, F.; Vitriol, V.G.; Florenzano, R.U.; et al. The Efficacy of Adding Short-Term Psychodynamic Psychotherapy to Antidepressants in the Treatment of Depression: A Systematic Review and Meta-Analysis of Individual Participant Data. *Clin. Psychol. Rev.* **2020**, *80*, 101886, doi:10.1016/j.cpr.2020.101886.

16. Oliva, F.; Coppola, M.; Mondola, R.; Ascheri, D.; Cuniberti, F.; Nibbio, G.; Picci, R.L. Blood Homocysteine Concentration and Mood Disorders with Mixed Features among Patients with Alcohol Use Disorder. *BMC Psychiatry* **2017**, *17*, doi:10.1186/s12888-017-1342-y.
17. Aguglia, A.; Borsotti, A.; Cuniberti, F.; Serafini, G.; Amore, M.; Maina, G. The Influence of Sunlight Exposure on Hospitalization in Emergency Psychiatry. *Chronobiol. Int.* **2017**, *34*, 1413–1422, doi:10.1080/07420528.2017.1374286.
18. Marazziti, D.; Albert, U.; Dell’Osso, B.; Tundo, A.; Cuniberti, F.; Maina, G.; Moroni, I.; Benatti, B.; Mucci, F.; Massimetti, G.; et al. Italian Prescribing Patterns in Obsessive–Compulsive Disorder. *Hum. Psychopharmacol.* **2017**, *32*, doi:10.1002/hup.2641.
19. Levra, N.G.; Cuniberti, F.A.; Rava, A.; Vietti, G.; Sciascia, S. Health Literacy and Discharge Instruction Adherence. *J. Gen. Intern. Med.* **2012**, *27*, 273, doi:10.1007/s11606-011-1969-1.

PRESENTATION OF PAPERS, POSTER, GIVEN SPEECHES AT CONFERENCES AND SEMINARS

1. Perna, G.; Cuniberti, F.; Dacco, S.; Caldirola, D. An Online Survey in the General Italian Population, the Tolerability of Respiratory Protective Devices in Subjects with and without Panic Symptoms. In Proceedings of the E-Poster Presentations - ADAA 2021 Virtual Conference - “Resilience and Recovery: From Research to Practice” (March 18-19) - Anxiety and Depression American Association; Virtual Conference, **2021**.
2. Perna, G.; Cuniberti, F.; Daccò, S.; Alciati, A.; Grassi, M.; Caldirola, D. Mental Health during COVID-19: Emergence of Psychiatric Symptoms in the Italian Population. In Proceedings of the E-Poster Presentations - 20th WPA World Congress of Psychiatry (10-13 March) - World Psychiatry Association; **2021**.
3. Caldirola, D.; Daccò, S.; Cuniberti, F.; Diaferia, G.; Cavedini, P.; Grassi, M.; Perna, G. C-Reactive Protein in a Naturalistic Sample of Inpatients with Major Depressive Disorder, Bipolar Disorder and Obsessive-Compulsive Disorder. The E-Poster Viewing - 29th European Congress of Psychiatry (10 – 13 April) - European Psychiatry Association; **2021**.
4. Caldirola, D.; Cuniberti, F.; Dacco, S.; Defillo, A.; Lorusso, S.; Perna, G. New Onset of Mental Disorders, Lifestyle Changes, and Quality of Relationships during Covid-19 in Italian Population. In Proceedings of the Oral Communication - 29th European Congress of Psychiatry (10 – 13 April) - European Psychiatry Association; Virtual Congress, **2021**.
5. Avetta C., Cuniberti F., Maina G. Rischio cardiovascolare nel Disturbo Bipolare: fattori associati ad alto Q-RISK3. The Poster Presentations. – 24th “Annual Conference of the Italian Society of Psychopathology” (SOPSI) – Roma, Italy **2020**

CV CUNIBERTI FRANCESCO

6. Avetta C., Cuniberti F., Maina G. Differenze di genere e comorbidità mediche in pazienti adulti affetti da disturbo bipolare. The Poster Presentations. – 23rd “Annual Conference of the Italian Society of Psychopathology” (SOPSI) – Roma, Italy **2019**
7. Cuniberti F., Avetta C., Maina G. Correlazione tra le caratteristiche cliniche del Disturbo Bipolare e la qualità di vita in fase eutimica. The Poster Presentations. – 23rd “Annual Conference of the Italian Society of Psychopathology” (SOPSI) – Roma, Italy **2019**
8. Avetta C., Cuniberti F., Maina G. Prevalenza e caratteristiche cliniche associate alla polifarmacoterapia nel Disturbo Bipolare. The Poster Presentations. Annual Conference of the Italian Society of Neuropsychopharmacology. Milano, Italy **2019**
9. Cuniberti F., Teobaldi E., Albert U., Maina G. Disturbo Bipolare e tipo di ciclo maniaco-depressivo: studio clinico sperimentale su 806 pazienti”. The Poster Presentations. - 22nd “Annual Conference of the Italian Society of Psychopathology” (SOPSI) – Roma, Italy **2018**
10. Avetta C., Cuniberti F., Maina G. Prevalenza e caratteristiche cliniche associate alla polifarmacoterapia nel Disturbo Bipolare. The Poster Presentations. 12sd Annual Conference of Italian Society of Biological Psychiatry (SIPB) – Napoli, Italy **2018**
11. Cuniberti F., Aguglia A., Borsotti A., Maina G. Disturbo Bipolare, stagionalità o fotoperiodo?. The Poster Presentations. – 20th “Annual Conference of the Italian Society of Psychopathology” (SOPSI) – Roma, Italy **2016**
12. Cuniberti F., Aguglia A., Albert U., Maina G. Qualità della vita nel DOC con sintomi d’accumulo. The Poster Presentations. – 20th “Annual Conference of the Italian Society of Psychopathology” (SOPSI) – Roma, Italy **2016**

REFERENCE LETTERS

1. Prof. Giampaolo Perna – giampaolo.perna@hunimed.eu - +39 3478070293
2. Prof.ssa Daniela Caldirola – daniela.caldirola@hunimed.eu - +39 333 4925264

LANGUAGE SKILLS

Native speaker: Italian

Other language(s): English

SOFT SKILLS

- Expert in programming languages, video maker and graphic design
- Good command of photo editing software (Adobe Photoshop, Gimp, Adobe Dreamweaver)

CV CUNIBERTI FRANCESCO

- Good command of office suite, statistic software (IBM SPSS), and operating system (Windows, macOS)

Turin, 20/06/2023



Dott. FRANCESCO CUNIBERTI
Medico Chirurgo
Specialista in Psichiatria
Tel. + 39 328 5607759
Mail: francesco.cuniberti@gmail.com